

New Year Friendship Course

20th & 21st January 2018

Start your Aikido year off with a great course.

Come and make new friends, see old friends and throw them around.

If you want to work off those mince pies and chocolates then this is the course for you.

Different styles getting together to get the joints moving and the aikido juices flowing and have fun.



Mark Smout
Sensei
Shin Gi Tai



Vince Lawrence
Sensei
Makoto Aikido



Mike Higgins
Sensei
Itai Doshin
Aikido



Rob Pawley
Sensei
Fakenham
Aikido

**VENUE: CANONSGROVE
HALLS OF RESIDENCE
Somerset College, Honiton
Road, Staplehay, Taunton.
TA3 7HP**

**We look forward to
seeing you there**



Ray Brown
Sensei
Shin Gi Tai



Phil Bengel
Sensei
Rising Sun
Aikido



Chye Sensei
Aikido
Kaashikoi
Dojo



Dan Hopkins
Sensei
Masakatsu
Aikido

Registration 9am Saturday 20th January,
Lessons 10am - 4:30pm

Registration 9:30am Sunday 21st January,
Lessons 10:30am - 3:30pm

Mat Fees:	Adults	Junior/concession
Saturday only	£20	£15
Sunday only	£15	£10
Weekend	£30	£20

Saturday evening there will be a meal, please let me know if you wish to attend and if so how many seats. If you require accommodation please let me know and I will send details

Please bring weapons Proof of insurance will be required

For further Details or to book your place for the course and/or the meal please contact Sensei Vince Lawrence aikidotaunton@googlemail.com