



Makoto Aikido Summer Seminar and BBQ

This is our 5th year and it is always a great day.

Saturday 3rd August-10am until 6pm. everyone welcome.

*£20 for the day including **BBQ**. Non aikido guests
welcome **BBQ** only £5*

*2 mats one outside one inside with a variety of instructors,
Including*

*Sensei Frank Burlingham. Sensei Mike Higgins & Sensei Vince Lawrence
High grade class 10am-12noon*

Burgers/Hot Dogs/Chicken, Soft Drinks, Tea and Coffee.

*Any special Dietary needs please bring
it and we will cook it.*

***Please visit aikido-taunton.co.uk and click
on BBQ to complete the booking form.***



West Buckland Village hall,
Silver street, West Buckland,
Taunton. TA21 9NA

Contact Sensei Vince Lawrence to book.

aikidotaunton@googlemail.com